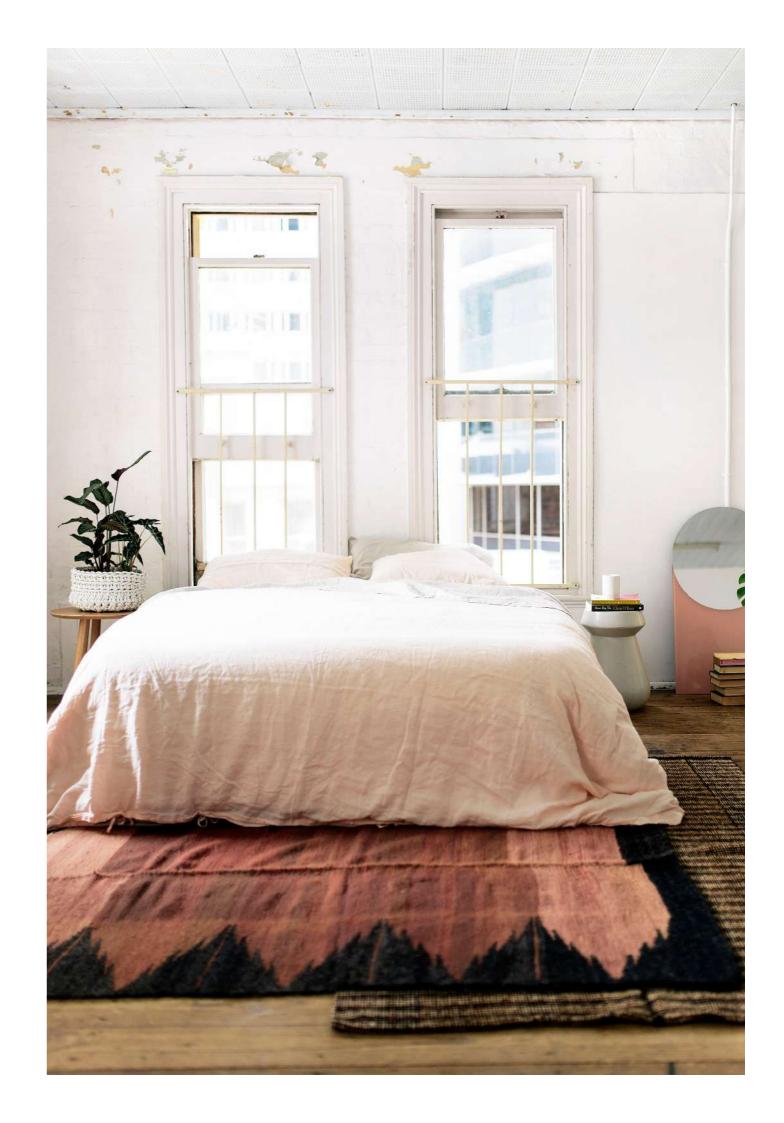




Blush

Bedding and large furniture items play a huge role in determining your colour palette. To style a bedroom like this, introduce only a couple of key pieces to be the focal points in the room and pair them with neutral and complimenting tones. For this space, we chose a bold pink rug and paired it with a neutral rug and soft, peach coloured linen. Additionally, introduce smaller styling items such as side tables and mirrors in similar colours to suit. When styling your bedroom, regardless of your scheme, decluttering is key. Identify essentials and move or donate everything else. If you're after more storage space, look into under-bed compartments. However, be mindful of Feng Shui principles, and try to store only low energy items underneath your bed for better sleep.



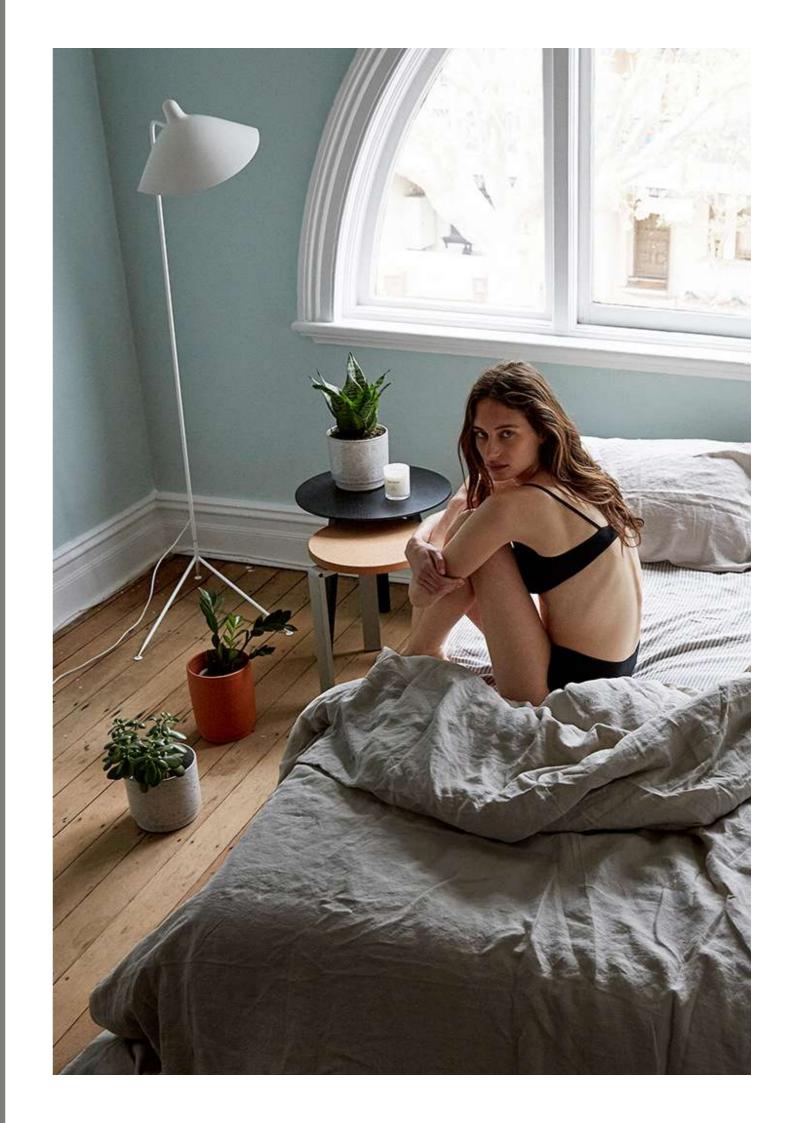


Green

For this styling, we introduced green through bedding and plants. To recreate this look, choose a green throw or quilt cover and team with a natural palette of greys, whites and browns. Go for natural materials in the surrounding environment to achieve an earthy, natural feel. Always try to find a balance between lighter and darker shades. Also essential is a well-lit bedroom, combining multiple sources of light can dramatically affect the space. Firstly, as much natural light from windows as possible is recommended, with additional pools of warmth coming from lamps and overhead lights.

Peppermint

For this scheme, we painted the walls a lolly peppermint, teamed them up with grey linen bedding, monochrome accessories plus lots of greenery in contrasting terracotta and ceramic pots. If you too want to go all the way and paint your walls a brighter colour, it's important to offset them with neutral accessories. Don't be afraid to use the floor to create added interest with pots and styling items. Some other Feng Shui tips include trying to keep high energy items (objects with more association) away from your sleeping area. If you need a desk in your room, ensure it's tidy before bedtime and power down electronics. Also avoid putting your bed under the window, and if that's not possible, consider heavy curtains or blinds. This is all advised so that your energy is fully restored overnight.





Neutral

Images

<u>Cover Page</u> Photography by Terence Chin

<u>Blush Page</u> Photography by Nicolette Johnson

<u>Green Page</u> Photography by Brooke Holm

<u>Peppermint Page</u> Photography by Urgent Noam

<u>Neutral Page</u> Photography by Henrik Nero